

## 2017 International Student Short-term TCM Intensive Study Schedule in Tianjin University of Traditional Chinese Medicine

### 01. The Introduction of Tianjin University of Traditional Chinese Medicine (TUTCM)

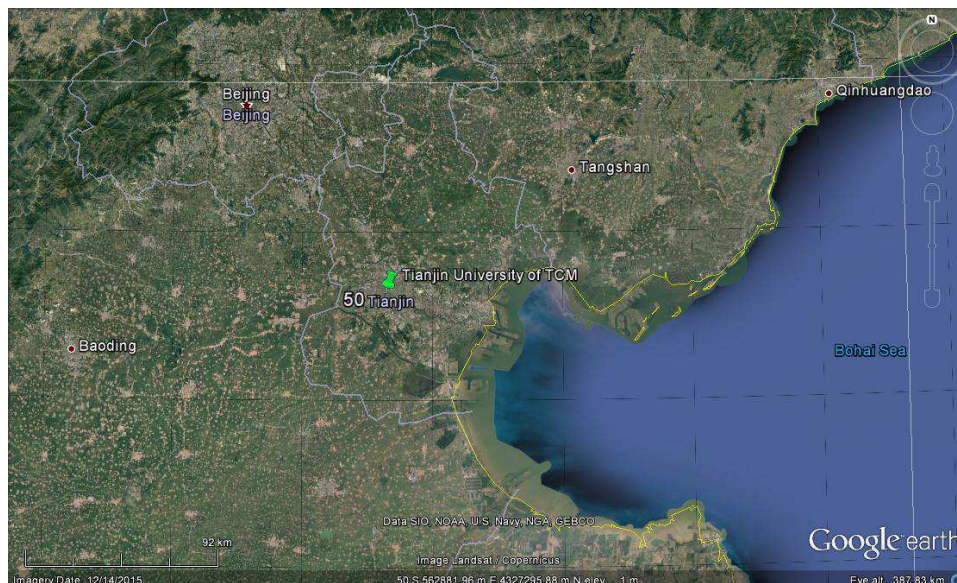
Tianjin, situated at the coast of the Bohai Sea, is a city full of charm and vitality. Tianjin University of Traditional Chinese Medicine, which is located inside of it, is one of the earliest universities of TCM founded in China. TUTCM commits itself to the unearthing and collecting of traditional Chinese medicine, personnel training and scientific research. We have a complete set of specialties and a distinguished teaching faculty. TUTCM offers Bachelor, Master and PhD programs, with a leading comprehensive strength among China's colleges of TCM.

The university now has 15 schools, branches and departments, 6 affiliated hospitals, 30 teaching hospitals, 1 research institute of TCM, 5 provincial-level medical research centers, 2 state pharmaceutical clinical research bases, 1 preparation center and 1 pharmaceutical factory. In addition, our university has its own academic publications, such as Journal of Tianjin University of Traditional Chinese Medicine, Tianjin Traditional Chinese Medicine, and Chinese Encephalopathy Magazine.

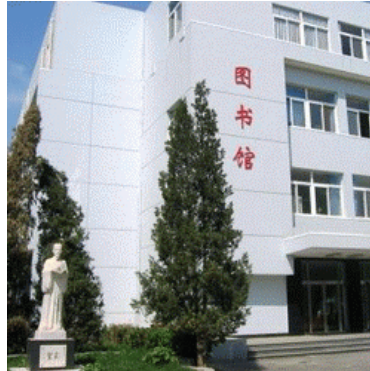
As an external higher education base of TCM authorized by the State Education Ministry and the location of the Educational Instruction Committee of World Federation of Chinese Medicine Societies, our university has established friendly relations with over 60 countries and had extensive cooperation in education, scientific research and clinics. It has cultivated more than 6,000 doctors of TCM and professionals in Chinese medicine or acupuncture, with more than 2,000 foreign students coming here to study TCM each year.

Traditional Chinese Medicine is the heritage of Chinese culture, the medical essence of 5,000 years' Chinese history, which makes a great contribution for the prosperity of the Chinese nation. She is not only the treasure of Chinese people, but also the property of the world. Today, modern medicine is highly advanced, which TCM is rejuvenating, getting loved by people of the whole world.

#### 1.1 Location:



## 2. The surrounding of the University





### 3. 2017 Tianjin TCM Class Schedule

**Week 1:**

**Building : IEC<sup>1</sup>**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00 – 09:40 am	Visit to Campus and affiliated Hospital	Theories of TCM; TCM Diagnostics	Theories of TCM; TCM Diagnostics	Theories of TCM; TCM Diagnostics	Theories of TCM; TCM Diagnostics
10:00 – 11:40 am		Acupuncture Meridians and Collaterals, Acupuncture Points	Acupuncture Meridians and Collaterals, Acupuncture Points	Acupuncture Meridians and Collaterals, Acupuncture Points	Acupuncture Meridians and Collaterals, Acupuncture Points
02:00 – 03:40 pm.	Theories of TCM; TCM Diagnostics	History of Chinese Medicine	History of Chinese Medicine	Theories of Acupuncture & Moxibustion	
04:30 – 05:30 pm.			Tai-Chi	Tai-Chi	

**Week 2:**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00 – 09:40 am	Acupuncture Meridians and Collaterals, Acupuncture Points	Techniques of Acupuncture & Practice session	Techniques of Acupuncture & Practice session	Clinical Practice in Dept. of Acupuncture & Moxibustion	Clinical Practice in Dept. of Acupuncture & Moxibustion
10:00 – 11:40 am					
02:00 – 03:40 pm.	Natural Therapy-Scraping	Natural Therapy-Cupping	Natural Therapy-Blood Letting	Fire Needles	
04:30 – 05:30 pm.		Tai-Chi	Tai-Chi	Ta-Chi	

**Week 3:**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00 – 09:40 am	Theories of Tuina	Techniques of Tuina & Practice session	Techniques of Tuina & Practice session	Clinical Practice in Dept. of Tuina	Clinical Practice in Dept. of Tuina
10:00 – 11:40 am					
02:00 – 03:40 pm.	Anatomy	Anatomy	Anatomy	Anatomy	
04:30 – 05:30 pm.		Tai-Chi	Tai-Chi	Ta-Chi	

<sup>1</sup> IEC: International Education College



**Week 4:**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00 - 09:40 am	Theories of Chinese Materia Medica	Theories of Chinese Materia Medica	Theories of Chinese Materia Medica	Clinical Practice in Dept. of TCM Internal Medicine	Clinical Practice in Dept. of TCM Internal Medicine
10:00 - 11:40 am	Introduction of Medicated Diet	Introduction of Medicated Diet	Introduction of Medicated Diet		
02:00 - 03:40 pm.	Making of Medicated Diet	Making of Medicated Diet	Making of Medicated Diet	Visit to TCM Pharmaceutical Factory	Seminar; Closing Ceremony
04:30 - 05:30 pm.		Tai-Chi	Tai-Chi		

## 4. Teachers, Trainers, Professors – >> the who is who << - our TCM Professors



**Xu Li**, male, 1962.04, professor, master guide, the current International Exchange Office of the International Education Institute Party branch secretary.

Acupuncture teaching, clinical and scientific research work for 30 years, Chinese medicine foreign education, communication and management work for 23 years, long-term as Chinese students in English teaching mission, the backbone of English teachers in China, "Chinese medicine" national Bilingual demonstration course is one of the main responsible person.



**Meng Xiangwen**, female, born in 1968, associate professor, master tutor. The incumbent Tianjin University of Traditional Chinese Medicine acupuncture and massage college deputy secretary. "Acupuncture and Moxibustion", the municipal excellent course "meridian acupoints learning" speaker teachers, national teaching team main members, went to the United Kingdom, Russia, South Korea, and so on. To conduct lectures, medical and research work.

The main research directions: meridian acupoints, acupuncture and moxibustion teaching bilingual teaching and cupping and cupping therapy clinical and experimental study.



**Wang Shu**, chief physician, professor, doctoral tutor. The incumbent Tianjin University of Chinese Medicine. The first affiliated hospital vice president, director of acupuncture research institute. Chinese Acupuncture and Moxibustion Society of Experimental Acupuncture Branch, vice chairman of the Standing Committee of the Chinese Association of Traditional Chinese Medicine, Tianjin Institute of Traditional Chinese Medicine encephalopathy Professional Committee Standing Committee, Tianjin Institute of Integrative Medicine Basic Theory Professional

Committee. Specializes in the treatment of cerebrovascular disease, peripheral facial paralysis, migraine and other common neurological diseases.



**Wang Wei**, female, professor, master tutor, Tianjin University of Traditional Chinese Medicine and young teachers, Chinese Acupuncture and Moxibustion Society of vice chairman of the acupoints, has served as vice president of Tianjin University of Traditional Chinese Medicine, clinical training teaching director





**Zhao Xue**, female, born in 1983, Ph.D., Lecturer, Institute of Acupuncture and Moxibustion, Center of Experimental Acupuncture Research, Tianjin University of Traditional Chinese Medicine

## 5. Our affiliated hospital (Clinical Practice for Students)



At the location of the affiliated hospital have students the possibility to join the medial treatment during morning (or evening) session and have further the possibility to train in own trainingsrooms with student colleagues the technics. Professors are supporting this training process and leading to a successful understanding of various treatment methods

## 6. International students







## 6. Course Programming and Objectives

### 6.1 Module 0

Module	Topic	Submodule	Subtopic
M0	Taiji- Taichi	M0.1	Practical introduction and exercise

#### Objective:

- Learn the fundamentals as a good prerequisite for perform of Tai Chi Chuan.
- Learn the first eight movements of the simplified 24 forms
- Learn and practice Chinese language (terminology) for each movement of Tai Chi Chuan.
- Be able to demonstrate Tai Chi forms for each skill set.

### 6.2 Module 1

Module	Topic	Submodule	Subtopic
M1	Anatomy	M1.1	Anatomy
		M1.2	Regional Anatomy
		M1.3	Systematic Anatomy

#### Objective:

- Scientific method – know parts of the scientific method and how it is applied in health and medical fields
- Laboratory safety
- Organizational skills for notebook
- Risk assessment and how it applies to the development of drugs and medical procedures

### 6.3 Module 2

Module	Topic	Submodule	Subtopic
M2	Options of TCM Therapy	M2.1	Introduction of Scraping
		M2.1	Introduction of Fire Needles,
		M2.1	Introduction of Blood Letting treatment
		M2.1	Introduction of Cupping
		M2.1	Introductions of TCM Therapy
		MP2.1	Clinical demonstration

#### Objective:

- Gaining of deeper understanding of acupunctural therapies
- Introduction in blood letting treatment (skin destructive measures)
- Practical training and solidification of the learnt during training sessions



## 6.4 Module 3

Module	Topic	Submodule	Subtopic
M3	Chinese Medicine	M3.1	History of TCM
		M3.2	Basic Theory of TCM
		M3.3	Traditional Chinese Diagnostics
		M3.4	Chinese Materia Medica
		M3.5	Formulas of Herbal Medicine
		M3.6	Internal Medicine of TCM
		MP3.1	Clinical Topic Lectures
		MP3.2	Clinical Practice in Herbal Medicine
		MP3.3	Visit to Plantation of Chinese herbs

### Objective:

- The goal of education is to give students the specialized knowledge and skill in Chinese and western medicine, as well as
- rounded education for humanity development.

## 6.5 Module 4

Module	Topic	Submodule	Subtopic
M4	Acupuncture and Moxibustion	M4.1	History of TCM,
		M4.2	Basic Theory of TCM
		M4.3	Traditional Chinese Diagnostics
		M4.4	Meridians
		M4.5	Acu points
		M4.6	Techniques of Acupuncture and Moxibustion
		M4.7	Acupuncture Therapeutics,
		M4.8	Tuina
		MP4.1	Clinical Topic Lectures
		MP4.2	Clinical Practice in Acupuncture

### Objective:

- This course aims to provide the students a strong foundation and understanding on the fundamental theories of acupuncture and its clinical applications in treating various kinds of ailments and diseases.

## 7. Tutorial fees and expenses (tentative)

### 7.1 Overview duration and timeschedule

Duration : 4 week in 2017

Time schedule: Begin of July – August 2017

Study Content :

Morning : Practice in the hospitals or in class from Monday to Friday from (08:00-11:40)

Afternoon : Special lectures from Monday to Thursday (14:00-15:40)  
24 patterns Tai-Chi classes, 10 times in total during 4 weeks (16:30-17:30)

Evening: Selfstudy or private programming

### 7.2 Fees and expenses

#### 7.2.1 Training fee/tuition

- |       |   |      |                                    |
|-------|---|------|------------------------------------|
| ( 1 ) | Application fee:  | 600  | RMB                                |
| ( 2 ) | Tuition :   | 5100 | RMB                                |
| ( 3 ) | Interpretation Fee (Chinese- English):                  | 2500 | RMB                                |
| ( 4 ) | Fee for Tai-Chi classes ( <b>10 classes in total</b> ): | 600  | RMB (including interpretation fee) |

#### 7.2.2 Training fee/tuition<sup>2</sup>

- |       |  |  |               |
|-------|--|--|---------------|
| ( 5 ) | Accommodation:   |  |               |
|       | Standard room (For 1 people):  | ~175   | RMB/day/ room |
| ( 6 ) | Food :   | ~50-70   | RMB/day       |
|       | Transport, private programme, sightseeing, private activities: Students should pay for the expenses of travelling, medical care and transportation, etc. themselves. |  |               |
| ( 7 ) | Transportation:  | ~1800RMB(14-seated),<br>~1000 RMB(6-seated),<br>~1000 RMB (3-seated) |               |

of each bus for single journey between Beijing Airport to Tianjin University of TCM. (**Pay in cash**)

- |       |                    |         |                    |
|-------|--------------------|---------|--------------------|
| ( 8 ) | Flight (estimated) | ~63,000 | RMB (returnflight) |
|-------|--------------------|---------|--------------------|

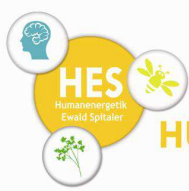
Can be organised by the event organisation or individual by the participant

#### 7.2.2 Payment schedule

Applicant has to prepay 30% at announcement  
30% next year first quarter  
and 40% 1 months before departure  
for applicants in Europe in Euro for applicants in Asia in USD

<sup>2</sup> 1 Euro = 7.14 RBM / 1 Euro = 1.05 USD / 1 USD = 6.96 RBM (at 16.12.2016 daily currency rate)





## 6. How do apply???



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<http://www.teko.rs/eng/HES.php>

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